

Parkridge Medical Center
A CONTINUUM OF CARE

The breaking of ground in 1969 for Parkridge Medical Center in downtown Chattanooga was also the genesis of a reputation for excellence in medical care that continues to this day. Parkridge opened its doors to patients two years later, becoming one of the first hospitals in the country to be

operated by The Hospital Corporation of America (HCA), one of the largest operators of healthcare facilities in the United States.

Over its nearly four decades of service to the tri-state area, the growth of Parkridge Medical Center has kept pace with the developing needs of residents throughout the region by continuing to expand both its campus and its services. Parkridge is known for providing advanced technology and quality care to this fast-growing, vibrant corner of the Southeastern United States. The hospital's reputation for the latest in leading-edge technology combines with the compassionate care of its skilled professionals to make Parkridge the hospital of choice for patients seeking quality treatment.

This forty year legacy of service includes an

impressive number of "firsts" in the area's healthcare technology and innovative procedures in the region:

- First hospital to install a permanent Magnetic Resonance Imaging (MRI) machine
- First to implant a cardioverter defibrillator in a patient
- First full service gastrointestinal laboratory
- First mobile MRI
- First robotic surgery
- First linear accelerator technology for cancer treatment

"We have become known for the state-of-the-art technology we employ at Parkridge," states Darrell Moore, President and CEO. "From our comprehensive cardiac services program to orthopedics and oncology care at The Sarah Cannon Cancer Center,

we are proud to be one of Chattanooga's best hospitals for healing. Our patients have the confidence that comes with knowing that they can count on Parkridge Medical Center for all their healthcare needs."

THE PARKRIDGE COMMUNITY

In 1996, Parkridge Medical Center became the flagship facility of a three-hospital system when East Ridge Hospital, a 128-bed medical-surgical facility located in one of Chattanooga's adjacent communities, and Valley Hospital, a behavioral health facility, became part of the Parkridge Health System. Shortly thereafter, East Ridge Hospital became Parkridge East Hospital and Valley Hospital became Parkridge Valley. Today, the Parkridge system employs some 1,200 health care professionals and counts over 600 physicians as members of its medical staff.

A full-service healthcare facility, Parkridge East opened in 1974 and quickly became recognized as a leading obstetrics center. Mother/baby services at Parkridge East Hospital include family-friendly birthing suites and an on-site level IIb neonatal intensive care unit for the treatment of premature or critically ill infants. In addition to maternity care, the hospital offers digital mammography services and acute care options including orthopedic, laparoscopic and robotic surgery.

Parkridge Valley is one of the most comprehensive centers of its kind in the

region. Opened in 1973 as Chattanooga's first privately-owned psychiatric treatment facility, today Parkridge Valley offers treatment for addiction, mental health, and other behavioral problems for both children and adults. Parkridge Valley also offers RESPOND, a 24-hour community hotline for those with mental health, chemical dependency, crisis intervention or assessment needs.

TECHNOLOGY AND INNOVATION

Parkridge Medical Center was the first hospital in the area to offer robotic surgery in 2002. This minimally invasive procedure involves a state-of-the-art daVinci® System that allows specially trained surgeon to use a three dimensional computer vision system to manipulate robotic arms. With a robotic procedure, the recovery period is typically shorter, and most patients can go home within twenty-four hours. Most are able to return to normal activities within one to two weeks following surgery. Patients have reported very little pain following robotic procedures and are often able to walk the evening of surgery. Parkridge features the area's most knowledgeable and experienced robotic surgery team, who have performed over 1,200 procedures, more than any other facility in the region. In 2008, Parkridge continued its commitment to providing state-of-the-art treatment to patients with the addition of the next-generation da Vinci S robotic surgery system. With the addition of robotic surgery at Parkridge East, Parkridge Health System became the first hospital system in the area to offer robotic surgery in two locations, thus providing greater access and convenience for patients.

A SPECTRUM OF SERVICES

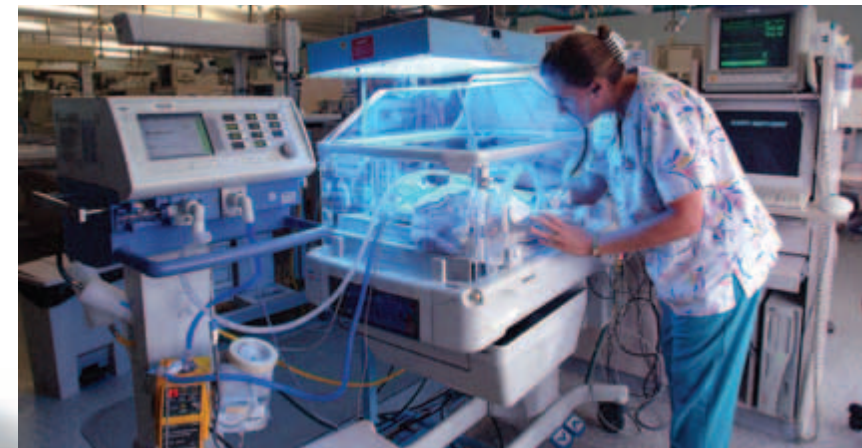
The Sarah Cannon Cancer Center at Parkridge, established in 2003, is a Commission on Cancer approved and commended program that focuses on both the physical and emotional needs of the patient. SCCC was the first Cancer Center in the area to offer an Oncology Nurse Navigator who directs each patient's care from diagnosis to recovery. Thanks to advancements in treatment technology and therapies, today there are increasing numbers of patients who are winning the battle against various forms of cancer. Parkridge is committed to community-wide outreach programs to make people more aware of the importance of a healthy lifestyle, screening, and early detection in an effort to bring down the death rate from various forms of cancer.

Both Parkridge Medical Center and Parkridge East Hospital are Accredited Chest Pain Centers, making them a clear choice for those suffering from cardiovascular events when every minute matters.



The doctors in the Parkridge hospitals' Orthopedic Programs specialize in treating injuries and diseases of the musculoskeletal system, including bones, joints, and muscles. Parkridge and Parkridge East physicians employ surgical and non-surgical procedures to treat musculoskeletal trauma, sports injuries, degenerative diseases, infections, and congenital conditions.

▲ Parkridge Health System is the region's leader in robotic surgery having performed almost 1500 robotic procedures since 2002. Parkridge Medical Center was the first in the Chattanooga area to offer robotic-assisted surgery, and now we are the only Health System that has two surgical robots—one at Parkridge Medical Center and one at Parkridge East.



▲ Parkridge East offers a Level IIb Neonatal Intensive Care Unit (NICU) that is staffed with newborn specialists and neonatologists who provide around-the-clock individualized care for high risk babies.

◀ Parkridge East Hospital, a facility of Parkridge Medical Center, is well known as a leader in obstetrics, high-risk births and women's services, but also specializes in orthopaedics, emergency care, inpatient & outpatient surgery and diagnostics.



▼ With a reputation for advanced technology and compassionate care, Parkridge Medical Center has served the community for nearly 40 years. Parkridge was recently named a Blue Distinction Center for Hips and Knee Replacement by Blue Cross Blue Shield based on our clinical outcomes and processes.

